

# Alex C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Health Sciences from California State University San Jose
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Collegiate track and field athlete



For more info about this trainer,  
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