

Alex C.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Health Sciences from California State University San Jose
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Collegiate track and field athlete



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