

Michael C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Sociology from UC Berkeley
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Football
- Basketball
- Bowling



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