

# Richard F.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Bachelor of Fine Arts from NYU
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Boxing, Martial Arts



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 490

