

Alyssa N.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Psychology from Portland State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Boating and water sports
- Traveling
- Running
- Cooking and nutrition



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