

Michael E.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- MS in Exercise Science from Central Washington University
- BS in Exercise Science from Linfield College
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Track and Field - Hurdles
- Volleyball
- Raquetball
- Shuffleboard
- Dance Central on Kinect



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 492