

Akane N.



Certified Personal Trainer
Fitness Manager
Team Member Since: 2011

Education & Certifications

- BS in Health & Human Performance from Baylor University
- MA in Business Administration from University of Phoenix
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- IFBB - International Federation of Body Builders - Professional Athlete
- Body Building and Physique Competitions
- Clean Eating and Healthy Cooking
- Weight Training
- Spending time with my husband and our dog Peanut



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 493