

Greg B.



Certified Personal Trainer
Master Trainer
Team Member Since: 2001
Sessions Serviced: 15,000 +

Education & Certifications

- BS in Physiology and Exercise Science from UC Colorado
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- USFSA Competitor Ice Dancing
- Polo and Equestrian
- Fitness and Nutrition



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