

Jeff C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Football
- Basketball
- Baseball
- Traveling
- Working out



For more info about this trainer,
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Club ID: 493