

Johnnie H.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Master Trainer
Team Member Since: 2003
Sessions Serviced:5,000 +

Hobbies and Achievements

- Spending time with my wife and son
- Playing sports - anything with a ball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining