

Nakisa A.

Education & Certifications

- BS in Business from San Jose State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- Work Out
- Walking my Dogs
- Cooking and Baking
- Playing Volleyball



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