

# Mary J.



**Master Trainer**  
**Team Member Since: 2006**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Kinesiology from California State University San Francisco
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Walking my dogs
- Dancing
- Music
- Baking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)