

Marlon M.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from California State University, San Jose
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Strength training
- Boxing
- Nutrition
- Learning about fitness and exercise



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining