

Patrick M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from California State University Monterey Bay
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Disc Golfing
- Camping, Hiking and Backpacking
- Bodyboarding
- Watching the Giants and 49ers



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining