

Veronica W.

Education & Certifications

- BS in Kinesiology
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Running
- Playing Softball
- Reading
- Hiking
- Lifting Weights



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 497

