

Steve R.



**Certified Personal Trainer
Fitness Manager
Team Member Since: 2012**

Education & Certifications

- BS in Physical Therapy from University of Connecticut School of Allied Health Professions
- AED (Automated External Defibrillator)
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Amateur Bodybuilder 1986 to Present
- Former Air Force Physical Therapist
- Former Sports and Orthopedic Physical Therapist



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