

# Ryan J.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- BA in New Media from Academy of Art University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Certified Massage Therapist
- Camping & Hiking
- Scuba Diving
- Biking
- Yoga



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 502