

# Ryan O.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in Agriculture Leadership and Development from Texas A&M University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Collegiate Football Player at Texas A&M University, 2005-2009
- Permanent Team Captain at A&M, 2009
- Aggie Heart Award (highest honor for A&M football player)-2009
- Former Walk-on who earned athletic scholarship, 2009
- Fellowship of Christian Athletes Player of the Year, 2009



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