

Aaron R.



Certified Personal Trainer
Team Member Since: 2005

Education & Certifications

- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Hiking
- BBQing
- Working out
- Playing guitar
- Singing in the shower



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 504