## Hien H.



Certified Personal Trainer Master Trainer Team Member Since: 2007 Sessions Serviced:2,000 +

## **Education & Certifications**

- BS in Nutritional Science from San Jose State University
- MS in Healthcare Administration/MBA from University of Maryland University College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

## **Hobbies and Achievements**

- Competitive Running



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24hourfitness.com/personaltraining

