

Zach D.



Education & Certifications

- BA in Kinesiology from Midland University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Collegiate Football Player
- Hiking
- Helping others achieve their goals
- Relaxing with my family
- Sharing my knowledge

Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2013



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