

Debra C.

Education & Certifications

- BS in Physiology and Neuroscience from University of California
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



Certified Personal Trainer
Master Trainer
Team Member Since: 2010

Hobbies and Achievements

- Art
- Dancing
- Swimming
- Running



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24hourfitness.com/personaltraining

Club ID: 506

