

# Daniel Z.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BS in Sound Engineering from Expression College for Digital Arts
- AED (Automated External Defibrillator)
- American Council on Exercise - Health Coach
- American Council on Exercise - Lifestyle and Weight Management Coach
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Weight Loss Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Running 6x13.1 and 1x26.2
- Golf Fitness certified
- Snowboarding
- Mountain Biking
- Playing Guitar



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 510