

Daniel Z.



Certified Personal Trainer
Master Trainer
Team Member Since: 2011
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Sound Engineering from Expression College for Digital Arts
- AED (Automated External Defibrillator)
- American Council on Exercise - Health Coach
- American Council on Exercise - Lifestyle and Weight Management Coach
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Weight Loss Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Running 6x13.1 and 1x26.2
- Golf Fitness certified
- Snowboarding
- Mountain Biking
- Playing Guitar



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 510