

# Ian L.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Exercise Biology from University of California, Davis
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Spending Time with my Friends and Family
- Swimming
- Basketball
- Fantasy Football
- Guitar



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 511