

Cheryl V.



Certified Personal Trainer
Master Trainer
Team Member Since: 1991
Sessions Serviced: 20,000 +

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- American College of Sports Medicine - Certified Clinical Exercise Specialist
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Sky Diving
- Mountain Bike Riding
- Salsa Dancing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining