

Gil A.



Master Trainer
Team Member Since: 2000
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Architecture from Adamson University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Working out
- Cooking
- Playing Poker



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining