

# Steve J.



**Master Trainer**  
**Team Member Since: 2008**  
**Sessions Serviced:2,000 +**

## Education & Certifications

- BA in Mass Communications from California State University Hayward
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Basketball
- Weight training
- Shoes



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