

Jesse S.



Certified Personal Trainer
Team Member Since: 2005

Education & Certifications

- BS in Psychology
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Rugby
- Surfing
- Body building



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