

Zeus H.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Track and running
- Basketball, football and swimming
- Horticulture
- Eating and cooking



For more info about this trainer,
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24hourfitness.com/personaltraining