

# Zeus H.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2011**

## Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Track and running
- Basketball, football and swimming
- Horticulture
- Eating and cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 515