

Dave N.



Master Trainer
Team Member Since: 1998
Sessions Serviced:20,000 +

Education & Certifications

- BS in Human Biodynamics (Kinesiology) from University of California, Berkeley
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements



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24hourfitness.com/personaltraining

Club ID: 516

