

Kim P.



Certified Personal Trainer
Master Trainer
Team Member Since: 2007
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Clinical Exercise Specialist from University of Toledo
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Figure Competitor
- 2001 - 2005 NCAA D1 Softball
- Healthy Cooking and Baking
- Shoe Shopping - Especially Nike
- Hiking and Other Outdoor Activities



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