

Micaah N.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2006

Education & Certifications

- BS in Finance/Economics from Southern Oregon University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Hiking and Running
- Tennis
- Working Out
- Spending Time with my Family
- Bikini Fitness Competitor - 2012



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 516

