

Caroline H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Communications from University of California, Santa Cruz
- MBA in Sustainability from Dominican University of California
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Triathlons
- CrossFit
- Cooking Healthy



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