

# Fernando A.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in Business from Hawaii Pacific University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Reading
- Movies
- Languages
- Drawing



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Club ID: 518