

Fernando A.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Business from Hawaii Pacific University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Reading
- Movies
- Languages
- Drawing



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