

# Jason M.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BA in Kinesiology from San Francisco State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

## Hobbies and Achievements

- I love poker
- Football is my first love
- Being the first in my family to graduate college 2015



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 519

