

# Queruvín C.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Psychology from University of California Davis
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- Professional Fitness Training Association - Personal Trainer Certification
- USA Weightlifting Certification

## Hobbies and Achievements

- US Half Marathon 2012 - 1:57
- Training for CrossFit Open, 2014
- Olympic Lifting
- Yoga
- Basketball, Snowboarding, Dancing



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