

# Steven B.



**Certified Personal Trainer  
Team Member Since: 2011**

## Education & Certifications

- Studying Health & Physical Education from Corning Community College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- CrossFit Level 1 Trainer 2012
- Freestyle Movement Seminar 2012
- Gymnastics
- Sports Nutrition



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 519