Steven B.



Certified Personal Trainer Team Member Since: 2011

Education & Certifications

- Studying Health & Physical Education from Corning Community College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist

Hobbies and Achievements

- CrossFit Level 1 Trainer 2012
- Freestyle Movement Seminar 2012
- Gymnastics
- Sports Nutrition



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