

Lorelei C.

Education & Certifications

- BA in Asian Studies, Minor in Japanese from University of Oregon
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- Soccer
- Distance Running (marathon, half, 10K, 5K)
- Tennis
- Cooking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 521

