

# Sue I.



**Certified Personal Trainer  
Team Member Since: 2010**

## Education & Certifications

- BS in Kinesiology from Cal Poly, San Luis Obispo
- MS in Kinesiology from Cal Poly, San Luis Obispo
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Running
- Softball
- Beer
- Chelsea Handler



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