

Jackie N.



Certified Personal Trainer
Master Trainer
Team Member Since: 1997
Sessions Serviced: 15,000 +

Education & Certifications

- MS in Kinesiology - Sport Performance from CSUS
- BS in Exercise Science from MSU
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- USATF 2003 Masers Champion: Shotput/Discus/Hamer/Javelin



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 523

