

# Jonny G.



**Certified Personal Trainer**  
**Master Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2009**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BS in Business Management from Sacramento State
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Two time collegiate Water Polo Association Coach of the Year 2010, 2013
- Two time Collegiate Water Polo Association National Champ Coach 2012, 2013
- Guitar
- Reading



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