

# Jonny G.



**Certified Personal Trainer**  
**Master Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2009**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

BS in Business Management from CSUS  
in Exercise Science from Bryan College

- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Weight Loss Specialist

## Hobbies and Achievements

- Coach of the year - Collegiate Water Polo Association 11/13
- National Champion Coach - Collegiate Water Polo Association 12/13



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 523

