

Sayoko U.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Kinesiology from California State University of East Bay
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Speaks fluent Japanese
- Sporting events
- Working out



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining