

Christy P.



Master Trainer
Team Member Since: 2002

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Beach activities
- Camping
- Dancing
- Hiking
- Reading
- Socializing



For more info about this trainer,
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24hourfitness.com/personaltraining