

# Carlo S.



**Certified Personal Trainer**  
**Master Trainer**  
**TC24 Coach**  
**Team Member Since: 1997**  
**Sessions Serviced: 20,000 +**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TC24 Coach

## Hobbies and Achievements

Tough Mudder 2015,16  
Numerous 5, 10k and half marathons  
Avid Hiker  
Traveling  
Music Festival



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 536

