

# Julie C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Electrical Engineer from Cal Poly San Luis Obispo
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Photography
- Travel
- Art
- Kickboxing
- Mixed Martial Arts



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