## Jourdon C.



**Certified Personal Trainer Team Member Since: 2012** 

## **Education & Certifications**

- BA in Business Finance from University of Missouri
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer

## **Hobbies and Achievements**

- Basketball
- Surfina
- Paddle Board
- Family Time



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

