

Tina F.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Bodybuilding
- Weight lifting
- Hiking
- Snowboarding
- Horseback Riding
- Camping & beach FUN
- All outdoor activities



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