

Tonya M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Science from Florida Atlantic University
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Gymnastics
- Fitness Competitions
- Snowboarding
- Hiking
- Traveling
- Surfing
- Aerial Silks



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