

Andrea R.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- BS in Health Promotion from Coastal Carolina University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Surfing
- Zumba
- Soccer
- Weight lifting
- Hiking



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