

Brett G.



Certified Personal Trainer
Team Member Since: 2004

Education & Certifications

- BS in Pre Med from Univeristy of California Santa Cruz
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Academy of Sports Medicine - Sports Fitness Specialist

Hobbies and Achievements

- US Tango Championships - Argentine Tango - 2nd Place
- Martial Arts
- Hiking
- Spanish



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining