

Seth C.



Certified Personal Trainer
Master Trainer
Team Member Since: 2005
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Sports Marketing from University of Hawaii Manoa
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Weightlifting
- Football
- Basketball
- Sky diving



For more info about this trainer,
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24hourfitness.com/personaltraining